



Announcement

February 25, 2010



Save the Date:
Monday, March 29, 2010

What: Active Living Workshop—Tools for Practice

Time: 9:00—12:00

Where: UT Chattanooga University Center

Overview:

The goal of the Active Living Workshop is to increase the capacity of local active living professionals to integrate evidence based strategies at the informational, behavioral, social and environmental/policy levels and to develop emerging active living leaders for the Greater Chattanooga geographic area.

Objectives: By the end of the workshop participants will be able to:

1. Make use of public health data and scientific information as tools in developing and prioritizing community-based interventions
2. Make use of evidence-based and promising practice methods for implementing community-based physical activity interventions and communicating physical activity messages
3. Understand the key components in a sound approach to evaluation
4. Understand Active Living principles
5. Provide leadership for community-based physical activity interventions.

Workshop Team Members

- **Gregory Heath**, DHSc, MPH, FACSM, FAHA Guerry Professor and Head Department of Health and Human Performance
- **John Bilderback**, Project Manager Step-ONE
- **Bill Rush**, Director of Pioneering Healthy Communities, YMCA
- **Kassi Webster**, CDC Prevention Specialist
- **Phil Pugliese**, Director, Active Living and Transportation Network
- **Leroy Fanning**, UC Foundation Professor and Associate Department Head, Department of Health and Human Performance
- **Stefanie deOlloqui**, Associate Director, Active Living and Transport
- **Mark Plotz**, National Center for Bicycle and Walking

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